

May 2026

Chair Yoga Class Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1 Canyon SV 8am Colleen 9am Melinda	2 Idyllwild MV 8am Colleen 9am Colleen
3	4 8am CANCELED 9am CANCELED	5 8am CANCELED 9am CANCELED	6 Idyllwild MV 6pm Beth	7 Idyllwild MV 8am Melinda 9am Beth	8 Canyon SV 8am Colleen 9am Melinda	9 Idyllwild MV 8am Colleen 9am Colleen
10	11 Oasis SV 8am Melinda 9am Colleen	12 Oasis SV 8am Audrey 9am Angel	13 Idyllwild MV 6pm Beth	14 8am CANCELLED 9am CANCELLED	15 Canyon SV 8am Colleen 9am Melinda	16 Idyllwild MV 8am Colleen 9am Colleen
17	18 Oasis SV 8am Melinda 9am Colleen	19 Oasis SV 8am Audrey 9am CANCELLED	20 Idyllwild MV 6pm Beth	21 Idyllwild MV 8am Melinda 9am Beth	22 Canyon SV 8am Colleen 9am Melinda	23 Idyllwild MV 8am Colleen 9am Colleen
24	25 Oasis SV 8am Melinda 9am Colleen	26 Oasis SV 8am Audrey 9am Angel	27 Idyllwild MV 6pm Beth	28 Idyllwild MV 8am Melinda 9am Beth	29 Canyon SV 8am Colleen 9am Melinda	30 Idyllwild MV 8am Colleen 9am Colleen
31	1	<p><i>Key:</i> SV= Sunset View Clubhouse MV = Mountain View Clubhouse</p> <p>*Teachers listed above are subject to change*</p>				