

# April 2026

# Chair Yoga Class Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13 Oasis SV 8am Melinda 9am Colleen	14 Arrowhead LV 8am Audrey 9am Angel	15 Idyllwild MV 5pm Beth	16 Arrowhead LV 8am Melinda 9am Beth	17 Arrowhead LV 8am Colleen 9am Melinda	18 Idyllwild MV 8am Colleen 9am Colleen
19	20 Oasis SV 8am Melinda 9am Colleen	21 Arrowhead LV 8am Audrey 9am Angel	22 CANCELLED: Idyllwild MV 5pm	23 CANCELLED: 8am CANCELED 9am CANCELED	24 Arrowhead LV 8am Colleen 9am Melinda	25 Idyllwild MV 8am Colleen 9am Colleen
26	27 Oasis SV 8am Melinda 9am Colleen	28 Oasis SV 8am Audrey 9am Angel	29 Idyllwild MV 6pm Beth - New Time!	30 CANCELLED: 8am CANCELED 9am CANCELED	1 Canyon SV 8am Colleen 9am Melinda	2 Idyllwild MV 8am Colleen 9am Colleen
3	4	<p><i>Key:</i>            SV= Sunset View            MV = Mountain View            LV = Lake View</p> <p>*Teachers listed above are subject to change*</p>				